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Dr. Shalini Gupta

Treating Control  
Ready to start with 1

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# *A Personalized Approach*

Written by Danielle Dean · Photography by Brian Ambs

At the Dermatology Laser and Vein Center, Dr. Shalini Gupta, known as “The Artist at Heart,” as stated in Cincinnati Magazine and New Beauty, invites patients to come into her office for a personalized consultation. For the past 11 years, Dr. Gupta has been one of the leading cosmetic surgeons in the Greater Cincinnati area, offering patients a plethora of state-of-the-art treatments designed to treat almost any kind of cosmetic concern.





Dr. Gupta graduated from Harvard Medical School after earning her bachelor's degree from Miami University. She completed her internship at Brown University/ Rhode Island Hospital, in Plastic Surgery and did her residency for dermatology at the acclaimed University of Washington. Following her residency, Dr. Gupta joined a fellowship with the Department of Dermatology, New York University. Her participation in a number of prestigious internships and fellowships has given her significant training, experience, and skilled compassion, to make her patients look and feel their best.

Before discussing various treatment options available, Dr. Gupta listens carefully to each patient's concerns and goals. Her number one priority is to determine what procedure will give the patient the best results for a healthy look and a happy heart. "So often patients come in and they have heard about a certain procedure either online or from a friend, and it may not be the right choice for them." The Dermatology Laser and Vein Center prides itself on its ability to offer patients the most up to date services and treatments. Offering patients a wide variety of the very best services allows Dr. Gupta and her staff to recommend the perfect treatment for each patient, based on their individual needs and skin goals. In speaking with her, you can sense the energy, pride and her genuine love and enthusiasm for her work.

For patients who are interested in improving their body shape, Dr. Gupta has recently begun offering Liposonix, a new non-invasive body contouring technology. Liposonix is an ideal procedure for patients who are struggling to lose those last inches. The Custom Contouring capabilities of the Liposonix technology allow Dr. Gupta to eliminate fat without the use of surgery.

Each Liposonix treatment takes about an hour. During the procedure, Dr. Gupta uses the Liposonix technology to contour the targeted area. The patient may experience some discomfort; however this feeling fades soon after the procedure is completed. Patients can resume their normal life's activities immediately after the procedure; they can even go play a match of tennis.

Over the eight to twelve weeks following the Liposonix procedure, patients will notice their body naturally removing the destroyed fat tissue. With one procedure, patients may lose an average of one inch and/or one clothing size. A significant number of patients have lost an average of 3 inches.

For patients who are looking for more dramatic body contouring solutions, Dr. Gupta also offers Vaser Liposuction. Vaser Liposuction is a minimally invasive in office procedure that breaks apart the fat cells, which are then gently removed from the body. During this procedure, Dr. Gupta inserts a numbing solution into the desired area. This solution temporarily expands the volume of the area to be treated, making the removal of fat cells easier and safer. Through a small skin puncture, small probes are inserted into the body. Through the use of a high ultrasound frequency the probes shake loose the unwanted fat cells, while leaving blood vessels, connective tissues, and nerves unharmed. The loose fat cells mix with the solution and are then removed from the body.

Recovery time varies from patient to patient due to the varying amounts of fat removed. On average, however, most patients report seeing an immediate result after surgery. Patients tend to see the final result about three to four months after the initial procedure.

"We are fortunate to have options that are less invasive and intrusive to our lifestyles and help us age healthier and more gracefully. Sophisticated targeted technologies are changing the ways of cosmetic surgery by leaps and bounds. Staying at the cutting edge of such growth is a privilege we are able to pass on to our patients," Dr. Gupta says.

Compared to the more invasive chemical and laser peels, Using Fractional skin resurfacing technology for rejuvenating aging and sun damaged skin allows patients to return to their daily routine much sooner. Patients no longer have to hide at home for 10 days and they can still get a nice result on their wrinkles, brown spots and facial vessels. Using the latest Ultrasound technology



for skin tightening, a procedure known as Ultherapy tightens muscular tissue and promotes new collagen to achieve a facelift like result without recovery time. Patients can resume their normal daily activities immediately. Anti-aging procedures can more easily fit into a patient's lifestyle.

Using proven and effective technology and advanced techniques to fight the aging process sets the Dermatology, Laser & Vein Center apart. Dr. Gupta says, "Our mission is to create a cozy, friendly, and professional environment for our patients. I stay at the leading edge of our field, so that we can offer the absolute best solutions for our patients. I have always enjoyed finding and creating beauty in life and feel extremely fortunate to be in a profession where I can create beauty in the daily lives of our patients."

The Dermatology Laser and Vein Center is located at 10600 Montgomery Road, Suite 301, Cincinnati, OH 45242. You can reach them by phone at 513.985.9885, by email at [dlvc301@yahoo.com](mailto:dlvc301@yahoo.com), or visit their website at [www.cincinnati-skinandlaser.com](http://www.cincinnati-skinandlaser.com).

